

CLINICAL FAMILY THERAPIST

DEFINITION: Under general direction, performs professional work of unusual difficulty in providing diagnosis, treatment and referral services for psychiatric clients in a clinical environment requiring independent decision making and judgment; provides professional leadership and expertise in the determination of appropriate therapeutic approaches and methods; performs related work as assigned.

ESSENTIAL FUNCTIONS: This list is ILLUSTRATIVE ONLY and is not a comprehensive listing of all functions and tasks performed by incumbents of this class.

TASKS:

Plans, develops and implements comprehensive clinical treatment programs; develops, implements, monitors and evaluates treatment protocols; makes recommendations for improvement and/or changes; assigns cases and serves in a lead capacity to other therapists; provides complex and multiple psychotherapeutic techniques in treating groups, individuals and families; manages extraordinarily difficult cases and cases involving multiple problems of clients; provides psychological assessments and services to a broad range of clients; assists family in determining a treatment plan for therapy; provides long-term therapy to children and family with severe psychological and behavioral problems; provides clinical supervision and consultation for specialized intervention and treatment and/or support services referrals; conducts and provides training in treatment modalities, collaboration and networking.

Conducts clinical assessments and diagnosis; documents activities and therapeutic progress; prepares social summaries; maintains appropriate client records in compliance with applicable policies and procedures and treatment protocols; attends clinical reviews; provides therapeutic home- and school- based visits; collaborates with other programs and service providers; enforces adherence with Navajo Nation, state and federal laws, policies, regulations and procedures; prepares complex clinical reports; keeps current on clinical knowledge by reading professional literature and attending in-service training and conferences; attends meetings and training; assists in preparing clinical services needs budget, modification, resolutions and grant proposals; ensures that professional and paraprofessional staff obtain and maintain licensure and/or certification, as required; performs special assignments and projects as required.

KNOWLEDGE, SKILLS AND OTHER CHARACTERISTICS:

Knowledge of the principles and practices of psychiatric therapy.
Knowledge of the principles and practices of behavioral sciences, including testing, diagnostic evaluation, rehabilitative therapy and behavioral conditioning.
Knowledge of traditional, cultural and spiritual practices.
Knowledge of case management.
Knowledge of intervention activities.
Skill in interviewing and psychological/developmental evaluation.
Skill in establishing and maintaining confidential records.
Skill in conducting group and family therapy.
Skill in developing and implementing therapeutic techniques.
Skill in interacting with clients from various social, economic, cultural, spiritual and psychological backgrounds.
Ability to apply the principles of behavioral sciences to individual and group behavior.
Ability to establish and maintain effective working relationships with others.

PHYSICAL REQUIREMENTS AND WORK ENVIRONMENT: Work involves a minimal physical effort in an office setting; interacts with clients to provide therapy.

CLINICAL FAMILY THERAPIST

MINIMUM QUALIFICATIONS:

- A Master's degree in Clinical Psychology, Counseling, Clinical Social Work or related field; and six (6) years of professional psychotherapy, counseling or social work experience, two (2) years of which must have been in a supervisory capacity.

SPECIAL REQUIREMENTS:

- A favorable background investigation.
- Possess a valid state or national licensure in one of the following: Licensed Marriage and Family Therapist (LMFT), Licensed Independent Social Worker (LISW), Licensed Professional Clinical Counselor (LPCC), Licensed Clinical Social Worker (LCSW) or Licensed Professional Mental Health Counselor (LPMHC).
- Possess a valid state driver's license.

PREFERRED QUALIFICATIONS:

- Licensed Independent Clinical Behavioral Health.
- Trauma Informed Focus, Mental Health or Behavioral Health Family System training.

Supplemental Requirements:

Incumbent must obtain a Navajo Nation Vehicle Operator's Permit within 90 days of date of hire.

Depending upon the needs of the Nation, some incumbents of the class may be required to demonstrate fluency in both the Navajo and English languages as a condition of employment.